

## USSOUTHCOM HQ Post-Travel Risk Assessment

**Note:** *Service Members: Required after all travel*  
*DoD Civilians & Contractors: Required after official travel, encouraged after unofficial travel*

1. Location(s) of travel: \_\_\_\_\_  Within U.S.  Foreign Country
2. Mode of travel (check all that apply):  Air (Direct/NonDirect)  Public Transport  Private Auto
3. To your knowledge, did you have close interaction with any person suspected of having COVID-19 related symptoms during your travel?  Yes  No
4. Were there any settings in which you did not adhere to CDC guidelines (physical distancing, wearing of a face mask, hand washing, and crowded locations)?  Yes  No
5. Have you, traveling partners, or visiting group experienced symptoms consistent with COVID-19 disease or were you exposed to someone with COVID-19 during your travel?  
 Yes  No
6. Are you currently experiencing any symptoms of COVID-19?  Yes  No
7. Do you understand that you need to continue to self-monitor for symptoms of COVID-19 and what actions to take if you fall ill? (This includes teleworking & notifying your supervisor.)  
Yes      No
8. Do you plan on testing (or did you test) within the 3-5 day window post-trip? (See below for requirements)      Yes      No      Not Applicable
9. For travel from foreign country, do you understand you are federally mandated to quarantine for a minimum of 7 days upon return?  
Yes      No      Fully vaccinated exempt
10. What is your current vaccination status?  
Partially Vaccinated      Fully Vaccinated  
Unvaccinated  
Date of Completed Vaccination Series

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*See next page for resources to determine travel requirements and risk assessment*

\_\_\_\_\_  
Signature of Traveler

\_\_\_\_\_  
Signature of Traveler Supervisor

Date of Counseling: \_\_\_\_\_

*Additional Info for Risk Assessment:*

[SOUTHCOM COVID-19 Resource Page \(Guidance & FAQs\)](#)

[SOUTHCOM Testing Fact Sheet](#)

[SOUTHCOM Return to Work Flow Charts](#)

[Medical Resources: If you are sick](#)

[CDC Travel Recommendations](#)

[DoD FHP Guidance](#)

### **Important Additional Precautions for ALL Travelers**

- **ALL travelers:**
  - Adhere to CDC Travel Guidelines.
  - Wear an approved mask per CDC guidance.
  - If there are people in the household who did not travel with you, wear a mask and ask everyone in the household to wear masks in shared spaces. Fully vaccinated travelers see [CDC Guidance](#).
  - Avoid high risk individuals during and 14 days after travel, unless you are fully vaccinated.
  - Monitor those around you for symptoms.
  - Seek testing for any symptoms - even if mild - even if you are fully vaccinated.
  - Symptoms of COVID-19 or exposure: Individuals will not return to work at the HQ if exposed to COVID-19 or if any symptoms of COVID-19 are present until cleared by proper medical authority. Asymptomatic, fully vaccinated individuals may be exempt from quarantine post COVID-19 exposure.
- **Foreign Country to U.S. travel:**
  - Fully vaccinated military, civilian, and contractors on orders must test within 3 days prior to departure from foreign country to CONUS per <https://www.cdc.gov/quarantine/fr-airline-faqs.html#exemptions>.
  - Not fully vaccinated personnel or personnel not on orders must test within 1 day prior to departure from foreign country to CONUS.
  - Test again 3-5 days after your trip, regardless of vaccination status.
  - 7-day ROM (with negative test on/after Day 5). Fully vaccinated are exempt from ROM.
- **U.S. to Foreign Country Travel:**
  - Test within 3 days of departure; check Foreign Clearance Guide for specific country requirements.
  - Those who are fully vaccinated may be exempt from testing, if there is no host nation requirement.
  - 7-day pre-travel ROM if not fully vaccinated.
- **Travel within U.S. testing:**
  - Testing for travel within the U.S. is not required per FHP Supplement #20.
  - ROM for travel within the U.S. is not required; however if you were in contact with a COVID+ individual or have specific concerns please discuss with your supervisor.
  - Comply with all military installation, state and local guidance as well as CDC recommendations.
- **Exceptions to Policy (per FHP Supplement #18) for ROM are approved by the SOUTHCOM Chief of Staff.**